



LIGHT TO LIVE BY

A DAILY BIBLE
READING AID

**Book 12 of 24: Psalms 42-72, 2
Corinthians, Song of Solomon, Psalms
73-89 (& Proverbs 30-31)**

Month: _____

Light to live by: A daily bible reading aid
© 2025. Written by Will Aitken

All rights reserved. Please ask for written permission to reproduce or utilise any parts of this book.

All Scripture quotations, unless otherwise indicated, are from the English Standard Version ^(ESV). All underlining, italics, insertions, brackets, [], and other forms of emphasis, are ours.

For any suggestions or edits, please email: oneaimallgod@gmail.com

For other booklets in this series, visit: www.oneaimallgod.org

Acknowledgements: I would like to acknowledge my great God for from, through and to Him are all things. To Him be all glory for any good that comes from these booklets for it is only by His Spirit and strength that this was done.

Contents

A daily structure for time with God.....	4
Resources.....	6
Day 1: Background of Psalms (Book 2).....	8
Day 2: Psalms 42-45.....	9
Day 3: Psalms 46-50.....	10
Day 4: Psalms 51-55.....	11
Day 5: Psalm 56-60.....	12
Day 6: Psalms 61-66.....	13
Day 7: Psalms 67-69.....	14
Day 8: Psalms 70-72.....	15
Day 9: Background of 2 Corinthians.....	16
Day 10: 2 Corinthians 1:1-2:11.....	18
Day 11: 2 Corinthians 2:12-4:18.....	19
Day 12: 2 Corinthians 5:1-21.....	20
Day 13: 2 Corinthians 6-7.....	21
Day 14: 2 Corinthians 8-9.....	22
Day 15: 2 Corinthians 10-11.....	23
Day 16: 2 Corinthians 12-13.....	24
Day 17: Background of Song of Solomon.....	25
Day 18: Song of Solomon 1-4.....	26
Day 19: Song of Solomon 5-8.....	27
Day 20: Background of Psalms (Book 3).....	28
Day 21: Psalms 73-74.....	29
Day 22: Psalms 75-77.....	30
Day 23: Psalm 78.....	31
Day 24: Psalms 79-82.....	32
Day 25: Psalms 83-87.....	33
Day 26: Psalms 88-89.....	34
Spare Days.....	35
Prayer points.....	39

A daily structure for time with God

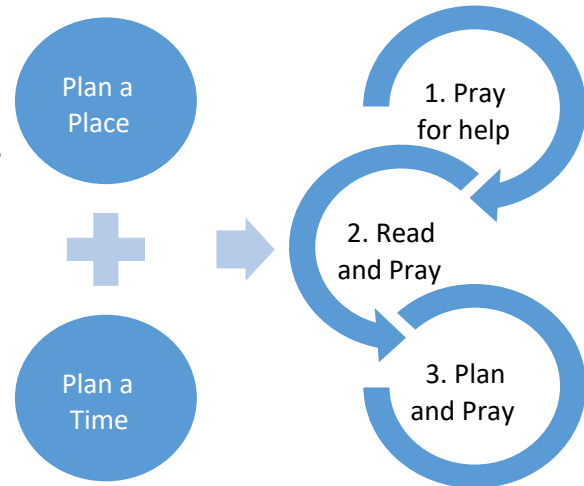
Try to follow this structure each day to help you grow and be challenged as you read God's word. Try to get into a habit of doing it in this way and it will help you to be consistent. Plan and pray for discipline in this area and try to figure out what works best for you.

Plan a place

Find a place that is free of distraction, quiet, private and that works for you. Jesus often withdrew to a desolate place to pray (Luke 5:16).

Plan a time

Plan a time (try to aim for 1 hour) in the day that works for you, is quiet, free of distractions and is a time when your mind is clear. Set alarms to remind you to do it. Jesus would withdraw in the early morning (Mark 1:35, Luke 6:12).



And then each time you spend time with God, do the following steps:

1. PRAY for God's help to understand and apply what you are going to read. Seek for God's Spirit and Word to convict you and that Satan wouldn't snatch the word from you. Pray the prayers found in Psalm 119, like Psalm 119: 10, 17-18, 27, 29, 33-34, 36-37, etc.

2. READ AND PRAY the passage. Pray that the things in the passage would be true for yourself and others. Pray that God would pierce you with His Word in the things you need challenging in. Pray for understanding as you read and praise God for what you read.

Also, as you read and pray, be sure to do it in the following ways:

- **Slowly:** Take your time! The slower you go the more you can grow! Now you won't have time to do this with everything, so pick certain passages or verses to read slowly and study.
- **Carefully:** Read verse by verse and word by word (even letter by letter and stroke by stroke for it is all God inspired as Matthew 5:18 shows).

- Thoughtfully: Meditate on God's word! Think about the verses, words and structure. What is the authors purpose and main point? What comes before and after this passage? How does this passage relate to other parts of the bible? What is repeated or emphasised in the passage? What does it challenge in your life?
- Vocally (out loud): This can really help you concentrate and think through what you are reading. Also, most books of the bible were written and designed to be read out loud.
- Humbly and Honestly: Accept the truth of God's word for what it says and let it pierce your life. Don't diminish God's truth in any way. Repent when rebuked by the passage and seek God's forgiveness and strength to change.
- Asking Questions: Ask questions about everything and pray them to God. Read the passage as though you are a five-year-old, asking why, why, why about everything? Write down the questions you have and seek answers from the passage, context, other parts of the bible or other resources. Ask what does the passage teach you about God, humanity, sin, the gospel story, how God desires for you to live, etc.

3. PLAN AND PRAY to apply it:

What attitudes, actions, emotions or thoughts has the passage challenged in you today. Plan who you need to talk to, what you need to do today to apply this and pray for God's help to do it. Be sure to make plans of how to apply it. If we don't plan things, they don't happen. Be sure that you are not just a hearer, but a doer of the word.

Also have a focused time of prayer to ask God for what you have read to be true for yourself, family, friends, those at church and others you know. There is a prayer section at the end of this booklet which allows you to have a list of prayer points and people you pray for. Also use this time to praise God for how he is growing you, confess sin, repent, pray for your spiritual walk, ask for opportunity to share the gospel, etc.

MEMORISE a verse or key challenge: You can then use this during the day to MEDITATE on it and allow it to continually grow you. This will also allow you to share the good things God is teaching you with others and be equipped for the moments we must speak God's word into the lives of others. You won't be able to remember the whole passage, so just pick one idea, phrase or verse for each day.

Resources

See the separate “preface and overview booklet” (on oneaimallgod.org) for articles on why I have written this booklet, why you should commit to reading God’s Word and an overview of the reading plan.

Resources for further study:

- Use the helpful hints and questions in this book to help you dig at God’s word. Try not to read these or look at these questions until AFTER you have done your own thinking and reading.
- ‘How to read the bible book by book’ by Fee & Stuart.
- The ESV Study Bible.
- The ESV background introductions which are all available online.
- The Gospel Coalition online courses on books of the bible.
- Good Sermon websites (Desiring God, Grace to you, Ligonier, Truth for life etc)
- Bible.org, Bible Hub, Bible study tools, Bible web app.
- Bible project overview videos (though it is helpful to be aware of the following things the article called “Review: The bible project – brilliant but flawed” on the Gospel Coalition website.
- Buy a simple commentary. See the background section of each book for recommendations.
- Also, throughout this booklet there will be recommended resources for further study.

Tips to help you memorise God’s Word:

- Read the verse out loud 8-10 times and then say it from memory several times. It’s amazing how quickly you can remember things just doing this.
- Then do this with another verse and add them together. Say it through a few times.
- Keep reviewing them every spare moment you have. Use the tear page at the back of this book to write the verse down and put it in your pocket to review it during the day. And keep reviewing them later down the track even after they have been learnt.
- Know, understand and apply the verse you are trying to learn. When you see why the verse is important, it will help you learnt it!
- Structure the verses and concepts in your mind. Connect it with images, stories or other things to help you remember.

- If you're creative, then form the verse into a drawing, story or song.
- Listen to "If my words abide in you" on the Desiring God website to see the importance of memorising scripture.

Extra tips for reading God's Word:

1. Come to God's word hungry to know Him and eager to see the beauty in Christ and wonder of God's wisdom. Pray that God would make His Word your delight.
2. Seek accountability with others as you read. You could also meet once a week or message daily to share what you're reading.
3. This plan isn't enough, so try to soak yourself in God's word. Ideally on top of this reading plan, you should try to pick a book of the New Testament and then read, study and memorise it for the month or more. Try to set aside another time later in the day or night to do this and to read other Christian books and do your own further studies.
4. Journal out your thoughts, prayers and how you plan to apply what you have learnt. Writing things out can help you think through things. However, be sure to focus on your relationship with God and focus on remembering things so you can keep thinking on them. (You may need to use your own journal as there isn't a lot of space in this booklet).
5. Don't stop reading and praying until God has blessed you with something and encouraged you. Plead with Him for this!
6. Which Translation? For accuracy and ease of reading, I recommend using the English Standard Version (ESV). For further study, you can then compare it with the NIV, NASB, NKJV or NLT.
7. In the end you need to do what works for you, but here is a pattern you could follow for your devotional time with God:
 - a) Morning: read and pray (20-40 min), memorise (5 min), further study (5 min).
 - b) Night: review the mornings readings and pray (10 min), focused study of a passage, read Christian books/devotions (20 min).
8. Be intimate with your God. Be someone who walks with God. To effectively grow in your relationship with God, you need hear from Him in His word, and also speak much to Him. "Praying in the closet and in the Spirit" on Desiring God is a great sermon to help grow your prayer life.



Day 1: Background of Psalms (Book 2)

OPTIONAL: Quickly read through/listen to book 2 of the Psalms (Psalms 42-72) to get a feel for its flow, structure and key themes.

Record your observations below. (*Use a spare day if you need extra time to do this*)

Skim through all the superscriptions of the Psalms in Book 2? What is the general background for most of these Psalms?

Helpful Hints

- Situation/Background: Most of the Psalms in book 2 are Psalms of David, those from Korah and Psalm 72 from Solomon.
- Themes: Book 2 of the Psalms as with most of the Psalms, covers the themes of lament, distress and the character of God.
- Tips to help you read it:
 - Read the superscriptions for each psalm and trace the background story if there is one.
- How does this book shine the gospel and fit in the story of the bible? Many of the Psalms in this section point to God being a refuge and one who can be trusted in times of trouble. Ultimately, we see this fulfilled in Christ who is a refuge for those who believe, for the greatest dilemma ever, sin.
- Purpose: The purpose of the Psalms is to provide worship songs and prayers for the people of Israel. In these songs, the people praise God for who He is and all that He has done, but they also allow the Israelites to be honest and intimate as they commune with God.

Recommended Resources

- Psalms by Kidner (Tyndale Series)



Day 2: Psalms 42-45

Rd Proverbs 30:1-4. How do we compare to God?

What does the Psalmist long for in Psalm 42? Are you like this?

What does Psalm 45 teach us about the majesty of God?

Memorise:

Remember to try to commit parts of the bible to memory. Psalm 42 is a great Psalm to remember.

Helpful Hints

- Psalm 42 and 43 may be one psalm as they repeat a common phrase throughout. They both show that when our souls are downcast, we need to come back to hoping in God.
- Psalm 44 shows the need to trust God and not our abilities.
- In Psalm 44:23-26, we see the psalmist is honest with God. We need to pray like this and call upon God to help according to his character and so that He maintains His glory.

PLAN & PRAY



Day 3: Psalms 46-50

Rd Proverbs 30:5-6. Why should we take refuge in God and trust Him?

What does Psalm 46 show us about God, that should help us in times of trouble?

What does Psalm 49 teach us for these times?

In what ways does your praise of God need to grow so that it is like that which is reflected in Psalm 47?

Helpful Hints

- Pray that God would give you the love for God that the writer of Psalm 47 has, and that you would long to praise God.
- Pray that God would help you to spread His praise to the ends of the earth as is spoken of in Psalm 48.
- We must remember that God does not need our sacrifices or services (50:7-15).

PLAN & PRAY



Day 4: Psalms 51-55

Rd Proverbs 30:7-9. Why does the psalmist desire these two things?

What is the background of Psalm 51? Why is it important that David responds like this to his sin? Do you?

What are we like as humans on our own (Psalm 53)?

Try to memorise Psalm 51 and use it to help you repent of your sin.

Helpful hints:

- Pray Psalm 51. Use it to help you seek God's mercy and repent of your sin. In Psalm 51 David is deeply aware of his sin. Because of this He pleads for God's mercy and He longs for renewal. May you do the same when you sin.
- Psalm 54 is a wonderful reminder of God's care and how he protects and delivers.
- Psalm 55 really encourages us to be honest with God and cast our burdens on Him.

PLAN & PRAY



Day 5: Psalm 56-60

Rd Proverbs 30:10. Why should we avoid slander?

How does Psalm 56 help us to cope in difficulty and when people are against us?

How can we exalt God? What part do we play in seeing His glory be over all the earth (Psalm 57)?

Why can we trust in God for deliverance (Psalm 59-60)?

Helpful Hints

- Psalm 56:3-4 is a great passage to remember. It shows that when we are fearful, we can trust in God and in particular His word, because in it we see His promises. This means we do not need to fear what people may do, because we know and trust the promises of God for us. Also we need to remember that God is for us and knows our pain (v8-11).

PLAN & PRAY



Day 6: Psalms 61-66

Rd Proverbs 30:11-14.

Does this description fit you in any ways? Pray God would remove this.

What does it mean to wait for God (Psalm 62)? Do you do this?

What characterise David's relationship with God in Psalm 63? How do you need to grow to be like this?

What does Psalm 66 show us about the wonder of God? How should you respond to a God like this?

Helpful Hints

- To wait upon the Lord is to trust Him and hope in him and all that he is (Psalm 62:1-2, 5-8).
- Pray Psalm 63 and that God would give you desires for Him that are like this.

PLAN & PRAY



Day 7: Psalms 67-69

Rd Proverbs 30:15-16.

How does knowing that death (Sheol) is never satisfied change how you live?

How does Psalm 68 grow your trust in God?

How does the Psalmist in Psalm 69:1-3 seek after God? Are you like this in your seeking of God?

Helpful Hints

- We need to pray like the Psalmist does in Psalm 67 and seek God's praise. This should be something we long for and zealous to see happen.
- Psalm 69:1-3 shows desperate praying and we need to wait on God like this.
- Praising God and worshipping Him is what He desires and yet we tend to want to do things, rather than praise Him (Psalm 69:30-33). Pray that you would live a life of praise!

PLAN & PRAY



Day 8: Psalms 70-72

Rd Proverbs 30:17. Why must we respect and obey our parents?

What can we learn about the Psalmists relationship with God in Psalm 71?

What does Psalm 72 teach us about God? Who does he have a heart for and how should we be like this?

Helpful Hints

- We need to grow to see how needy we are so that we would desperately cry out to Him for help and salvation (Psalm 70:5).
- Psalm 72:4 and 72:12-14 shows how God has a heart for the needy, as do many Psalms. This is something we should also have a heart for as we grow to reflect God.

PLAN & PRAY



Day 9: Background of 2 Corinthians

.....

OPTIONAL: Quickly read through/listen to the entire book of 2 Corinthians to get a feel for its flow, structure and key themes. Record your observations below. *(Use a spare day if you need extra time to do this)*

What things does Paul seem to be addressing in the Corinthian church (what is the background of this church)?

Helpful Hints

Situation/Background

- Author: Paul wrote 2 Corinthians at around 55-56AD from Macedonia. This is about a year or so after writing 1 Corinthians.
- Situation: This is the 4th letter that Paul has written to the Corinthian Church (see 1 Cor 5:9 and 2 Cor 2:3-4). Paul still has some things that he needs to address and reaffirm, but he also with some joy, seeing that many of them have repented. Also, Paul had opponents who were questioning his legitimacy and saw that he suffered too much to be an apostle of Jesus with the Spirit. So, Paul seeks to show the purpose of suffering and how it links to having the Spirit.

- Audience:
 - Corinth was a crossroads for sea traffic as the land travel allowed for a shorter route. (as it was along 6km wide from one sea to the other at its most narrow point... In the 19th century people were finally successful in putting a canal in place). Hence, Corinth was a city full of many cultures and religions.
 - It was a key location for commerce and was the largest city in Roman Greece. It was also a Roman colony with Roman law, customs and gods integrated into society and everyday life. The City had several different temples to different gods with temple prostitutes and many sacrifices.
 - Paul meets Priscilla and Aquila there in the early 50s and spends 1.5 years there (Acts 18).
 - The church in Corinth would have mainly been Gentiles, and the people were from diverse backgrounds like those in the city.

Key Theme: The role that suffering and the spirit have together in Paul's life and ours. Other themes include:

- The Spirit's work in believers
- Suffering and its purposes
- Repentance
- Christ as Saviour and Judge

Tips when reading:

- Understand the background, situation and city where these believers lived as it will help you make sense of what Paul means.
- Remember that Paul is in opposition with some people.
- Look throughout the letter to see the background of what Paul is addressing.

How does this book shine the gospel and fit in the story of the Bible?

- It particularly reveals the life of holiness that should be lived in light of the gospel. This letter shows us that we must take our lives and the impact of the gospel seriously like Paul.

Purpose:

- Paul seeks to provide the Corinthians with strength and see them give to needs of believers. He also aims to address the opposition he has been facing and correct their misunderstandings, and seek that those who are still rebellious come to repentance.

Recommended Resources

- 2 Corinthians by Garland (NAC Series)



Day 10: 2 Corinthians 1:1-2:11

Rd Proverbs 30:18-19.
How do can you be in
wonder of God's creation
today?

What comfort have we received from
God and how does this enable us to help
others?

What is the purpose of affliction? What gives us strength and hope
amidst affliction (1:8-11)?

What can we learn from Paul in how he served God?

Helpful Hints

- Paul recognised that they faced affliction so that they would rely on God (1:9). God is the one who can deliver and this should give us hope, along with the prayers of others (1:10-11)
- Are you ignorant of Satan in any way (2:11)? How is He working in your life and how do you need to be on guard?

PLAN & PRAY



Day 11: 2 Corinthians 2:12-4:18

Rd Proverbs 30:20. How are you blind or in denial to your sin?

What does it mean to be the aroma of Christ (3:15)? How do you need to be like this in your life?

What are the benefits of the new covenant (chapter 3)?

What do we need to remember in hardship so that we don't lose heart (4:7-18)?

Helpful Hints

- 4:4 shows that if people are unable to see the gospel of the glory of Christ, it is because Satan has blinded them. The only way to see the gospel is for God to give light (4:3-6).
- 3:16-18 and chapter 4 shows how we need to remember what is to come and the things that are eternal. We have a great hope beyond comparison that we are waiting for.

PLAN & PRAY



Day 12: 2 Corinthians 5:1-21

Rd Proverbs 30:21-23.

These things are unbearable, because these people are given things beyond what they can wisely handle. What do we learn from this?

What does our future hold and how should this change how we live (5:1-10)?

What does it mean to have the ministry of reconciliation (5:11-21)?

Think through the reality of 5:10. How should we understand this in light of what Jesus death has achieved (see 5:21)?

Helpful Hints

- Have you made it your aim to please the Lord (5:9). We need to aim to please one in our lives.
- Think through the reality of 5:10. How should we understand this in light of what Jesus death has achieved?
- 5:10 shows we will come before the judgement seat of Christ, but the works those who have believed in Christ will bear witness to His saving work. Our works will prove we have been given His righteousness (5:21).

Try to memorise 2 Corinthians 5:21 and use it to help you evangelise.

PLAN & PRAY



Day 13: 2 Corinthians 6-7

Rd Proverbs 30:24-28.

What can we learn from these creatures?

What does 6:1-13 teach us for serving God and ministry?

What does true repentance look like (7:5-12)?

Helpful Hints

- 6:3 shows how Paul sort to remove all obstacles in people's way so that the ministry would not be hindered. We need to be willing to do the same.
- The yoke was what joined two oxen together so they could work together (6:14-18). We as Christians should not join with unbelievers and be united or bound to them.
- Paul's hard words brought good to this church (7:5-12). We need to be willing to address sin in others so that they may come to repentance.

PLAN & PRAY



Day 14: 2 Corinthians 8-9

Rd Proverbs 30:29-31. The point here is to show a king's majesty is in his army, not himself like these animals. As people we achieve and are what we are because of others.

Describe the giving of the Macedonian Church. How does this challenge your giving?

What principles do we learn from this chapter about giving?

What should motivate this kind of giving in us? (Look for verses in these chapters that show us)

Helpful Hints

- The Macedonian church gave beyond what they were able, and they saw giving as a great privilege (8:1-5). We need give like this.
- 8:9 shows how Christ became poor (see Philippians 2:1-11). He laid aside His glory and came as a man to die for us so that we could be spiritually rich. This should encourage us to freely give.
- 9:6-11 shows some great principles to drive our giving.
- 9:11 shows that God gives us much so that we can be generous with it.

PLAN & PRAY



Day 15: 2 Corinthians 10-11

Rd Proverbs 30:32-33. In what moments must we learn to become quiet?

On what grounds does Paul defend himself and his ministry?

How does Paul respond to those criticising him? Why does he respond like this?

How does Paul display great humility?

Helpful Hints

- People are criticising Paul and how he does ministry and, in these chapters, he responds to them. Throughout we see that he is reluctant to boast of his identity, but finally at the end of chapter 11 he does to provide credibility to his ministry.

PLAN & PRAY



Day 16: 2 Corinthians 12-13

Rd Proverbs 31:1-3. Here is a warning that sexual pursuits of women (plural) will damage and drain. Why is God's design of marriage the better way?

Why does God give great difficulty to us?

How is Paul concerned for the Corinthian church (12:11-21)? Do you display concern like this for fellow Christians?

Why should we examine ourselves and how can we do it (13:5-10)?

Helpful Hints

- 12:1-10 shows how God will give difficulty to grow us, keep us from pride and display His power in our weakness.
- 13:5 tells us to examine ourselves and test ourselves to see if we are in the faith. What is the test? Well in v7-9 we see Paul and Timothy pray for them to not do wrong because they desire for the Corinthians to not fail the test (v6). So, the test is their lives and whether they do what is right.

PLAN & PRAY

Day 17: Background of Song of Solomon

OPTIONAL: Quickly read through/listen to Song of Solomon to get a feel for its flow, structure and key themes. Record your observations below. *(Use a spare day if you need extra time to do this)*

Helpful Hints

- Situation/Background: The book was either written by Solomon or for him. It was probably written during his time between 960-931 BC.
- Theme: Song of Solomon is a work of poetry that displays deep love between a young man and young woman. They are going to be married soon and the poems display their longings for this and the pleasure it will bring. This is a different book in that it doesn't mention God and is a deep celebration of sexual love.
- Tips to help you read it:
 - Many images are given through this book and they should be read figuratively, not literal.
 - The book contains three characters: the woman (who has the lead role), the man, and the woman's companions.
 - The role of Solomon in the book is difficult to determine and whether he is the man in the book.
 - Throughout the book, marriage is shown to be based on commitment and because of this it is a wonderful picture of God's relationship to His people. Some see this book as an allegory for the relationship between God and His people.
- How does this book shine the gospel and fit in the story of the bible? God seeks to redeem His people from the fall which has damaged every aspect of humanity. In this book we see God's design for romantic love to be enjoyed by His people in a right context.
- Purpose: This book aims to celebrate marriage and sexual union. It also aims to make God's pattern and design attractive.

Recommended Resources

- Song of Solomon by Longman (NICOT Series)



Day 18: Song of Solomon 1-4

Rd Proverbs 31:4-7. Verses 6-7 could be referring to strong drink being given to those dying, for medicinal purposes to relieve pain.

How does this section display the beauty of God's design in marriage? Why is God's way the better way?

What place should love and affection have in a marriage?

Helpful Hints

- Obedience to God in the area of marriage and sexual union brings the fullest delight. His way is best and we need to trust him and his design.
- 2:7 shows that we must be careful to not awaken love before it pleases. This shows why clear and strong boundaries must be formed in relationships before marriage. It also shows why relationships should not be pursued until those involved are ready for the union of marriage.

PLAN & PRAY





Day 19: Song of Solomon 5-8

Rd Proverbs 31:8-9. Who should we be standing up for in society?

What do we learn about marriage and what a romantic love should look like?

Why and how should deep enjoyment come in God's design for sexual love?

Helpful Hints

- Chapter 5 shows how there should be a deep physical attraction in marriage and a high view of the other person. God's design is that we are committed for life to someone who we find desirable. Pray that God would give you this and keep this in you.
- All throughout these chapters we see this couple praising one another and all that they love about each other. This should be something that is a part of our marriages.
- Again, we see the wonder of God's ways and how He has redeemed sexual union to make it a wonderful thing for His people. Pray that you would never destroy God's wonderful design for sex, but follow His wonderful ways.

PLAN & PRAY



Day 20: Background of Psalms (Book 3)

.....

OPTIONAL: Quickly read through/listen to book 3 of the Psalms (Psalms 73-89) to get a feel for its flow, structure and key themes.

Record your observations below. (*Use a spare day if you need extra time to do this*)

Skim through all the superscriptions of the Psalms in Book 3? What is the general background for most of these Psalms?

Helpful Hints

- Situation/Background: Most of the Psalms in book 3 are Psalms of Asaph and Korah psalms.
- Themes: Book 3 of the Psalms as with most of the Psalms, covers the themes of lament, distress and the character of God. However, in Book 3 the tone darkens with only a few glimpses of hope throughout.
- Tips to help you read it:
 - Read the superscriptions for each psalm and trace the background story if there is one.
- How does this book shine the gospel and fit in the story of the bible? Book 3 shows some deep lament psalms, but in the midst of this we still see hope. Also, deep faith in God is shown in how they cry out to Him. We need to see that we can come to God in the darkest of moments, and this has been reaffirmed by Jesus dying to remove sin and all the damage it brings.
- Purpose: The purpose of the Psalms is to provide worship songs and prayers for the people of Israel. In these songs, the people praise God for who He is and all that He has done, but they also allow the Israelites to be honest and intimate as they commune with God.

Recommended Resources

- Psalms by Kidner (Tyndale Series)



Day 21: Psalms 73-74

Rd Proverbs 31:10-12.
What characterises an excellent wife? Are you like this in your character?

Why do we at times get jealous of the wicked? What will help us to stop being like this (Psalm 73)?

Why will we at times feel like God has forsaken us (Psalm 74)? What do we need to remember in these times?

Helpful Hints

- Psalm 73 shows how we can get jealous of the wicked and their easy lives. However, when we come into God's presence and see the end of the wicked, everything will make sense. God will one day do what is just. We need to realise that the grass is not greener on the side of the wicked. Instead it is far great to have God, and so he should be sort after and proclaimed (v23-28).

PLAN & PRAY



Day 22: Psalms 75-77

Rd Proverbs 31:13-16.

How do you need to grow in diligence in your life?

What does Psalm 75-76 teach about God's character?

What should we do when the day of trouble strikes (Palm 77)?

Helpful Hints

- Psalm 75 teaches of the justice of God. He will pour out the cup of wrath on his enemies (v8) and judge with equity (v2).
- Psalm 76 shows the majesty of God. None can stand before him because of what he is like, and so He should be feared.
- Psalm 77:11-15 shows the importance of remembering God, His deeds and who He is when trouble strikes. May we always meditate on God so that we will be ready to have things in a right perspective when we face difficulty.

PLAN & PRAY



Day 23: Psalm 78

Rd Proverbs 31:17-20.

What should we do with the excess we gain from being diligent? (v20)

What does Psalm 78 teach about God's faithfulness and what He has been doing for His people?

Why is God's faithfulness to Israel so incredible in light of what they are like?

Helpful Hints

- Psalm 78 is a great overview of Israel's history and all that God has been doing.
- God did so much for His people and yet they rebelled again and again (e.g. v32-39, v56-57)
- In v56-57 we see that God isn't compassionate as He was before, but He shows wrath on His people. We must realise that persistent unbelief will bring God's rejection.

PLAN & PRAY



Day 24: Psalms 79-82

Rd Proverbs 31:21-24. Why is preparation and excellence important?

Why do the Israelites seek for God to be faithful to them? And what grounds do they seek this?

Why does God long for His people to listen to Him (Psalm 81)?

What does Psalm 82 teach us about God? How should we reflect Him?

Helpful Hints

- In Psalm 79:8-10, the psalmist prays that the wicked nations will be judged, yet they themselves are wicked. Yet they are calling on God to be faithful to them, not because they are good, but so that He would receive glory as He is shown to be the God of their nation. Pray that God would gain glory in your life through His faithfulness to you.
- Pray Psalm 80, for we are all in need of restoration.

PLAN & PRAY



Day 25: Psalms 83-87

Rd Proverbs 31:25-28.

What blessings come when we live a life of wisdom?

Why does God bring judgement and difficulty (Psalm 83)?

**Why does the Psalmist long to be in the presence of God (Psalm 84)?
Why is it so good to be in His presence?**

What does Psalm 86 show us about God? Seek these things from Him.

Helpful Hints

- Psalm 83 shows that God has a purpose in the judgement and hardship He brings. See 83:16-18.

PLAN & PRAY



Day 26: Psalms 88-89

Rd Proverbs 31:29-31.

What should we aim to be characterised by?

What does Psalm 88 teach us about prayer? How does your prayer life need to grow to be like this?

What does Psalm 89 show we should aim to do in our lives?

Helpful Hints

- Pray like the Psalmist does in Psalm 88. Cry out to Him day and night and seek for God to listen to you and be honest in pray.
- Psalm 88 is a Psalm that doesn't end with hope or confidence. Yet faith in God is being displayed in this Psalm because of the fact that he is praying to God and lay his troubles out before Him

PLAN & PRAY

Spare Days

You can use these spare days each month for catching up, reflecting on what you have read or to study a passage you have read in detail and even memorise it.

